

American Red Cross Lifeguard Training Courses 2017

Location: Southwest Pool
2801 S.W. Thistle St.

Pre-requisites: Minimum age of 15 at end of course
Pass pre-test on the first night; 300 yard swim, brick retrieval, treading water.

Days: Mondays and Wednesdays

Blended Learning Course *

Dates: March 13 - April 17

Time: 7:30-9:30 pm

Cost: \$125 (course fee only) **AND** separate fee of \$35 to the Red Cross



Traditional Course

Dates: April 24 - May 31

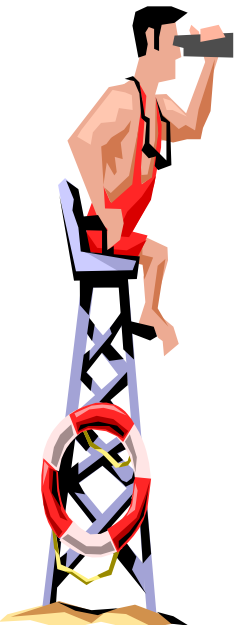
Time: 6:30-9:30 pm

Cost: \$160.00

*Blended learning course requires computer and broadband internet access to complete online coursework

First day of class is the pre-test 8-9:30pm, must be able to attend all classes.

For both courses participants must also purchase a pocket mask (\$15) from the American Red Cross (Books may be downloaded or may be purchased (\$35) from the Red Cross. You must have a current version to bring to class. <https://dt.redcrossstore.org/>



Benefits of Being a Lifeguard:

- ◆ Improve your swimming skills & water safety knowledge
- ◆ Make a difference in someone's life—be a role model
- ◆ Form new friendships
- ◆ Work with awesome mentors
- ◆ Gain work experience and learn good work habits
- ◆ Opportunity to work in a diverse environment
- ◆ Good addition to college applications
- ◆ Earn \$\$\$

Reduced fee available with application approval

For more information, please call 206-684-7440
Register now! Space is limited.

